The $10,000 Canyon County Weight Loss Challenge (the "Challenge") is a weight loss competition that will award a cash prize to the top 3 people who lose the largest percentage of body weight. These people are guaranteed a cash prize of:

$6,000 for 1st place
$3,000 for 2nd place
$1,000 for 3rd place

Percentage of weight loss is based on the contestant's total body weight at Kickoff and the total amount of weight lost by the Finale. The percentage lost equals the total amount of weight lost divided by the initial weight.

2012 Dates

Kickoff: ***Saturday, January 21, 2012, 9:00 am – 2:00 pm***
Open Registration: ***January 21, 2012 – February 4, 2012***
Finale: ***Saturday, July 14, 2012, 10:00 am – 12:00 pm (noon)***

Rules and Regulations

1. Participants must be 18 years of age or older at the start of the Challenge.

2. Registration for all contestants will be online at www.ccweightloss.org.

3. The competition will begin with initial weigh-in (Kickoff) from 9:00 am- 2:00 pm at the Medical Clinic Pharmacy, 315 E Elm St, suite 150 in Caldwell. Participants not able to attend the Kickoff may register and weigh-in for the event at the pharmacy during business hours during the dates listed for Open Registration.

4. The deadline for all contestants to qualify is the end of Open Registration. At this time all contestants must have registered online, paid the $50 registration fee, and weighed-in. Everyone wishing to be eligible for a cash prize must furnish an official photo ID at their **initial** and **final** weigh-in. Official photo ID is limited to original documents and may be a current drivers license, state issued ID, or US Passport. No other forms of photo ID will be accepted. Any participant that attempts to alter their identity – or have others weigh in for them during the Challenge will be immediately disqualified and forfeits their registration fee. Any participant that does not have a valid official photo ID may participate in the Challenge, but will be ineligible for a cash prize.

5. The only items you may wear for the initial weigh-in are a t-shirt and shorts (e.g. spandex or knit). Shoes may not be worn during the initial weigh-in.

6. It is highly recommended that every participant signs up with a partner who is also participating in the Challenge. While you should have a partner for the Challenge, all results and prize money distributions will be determined and made based on an individual's results.

7. After the initial weigh-in, participants must weigh-in **once every calendar month** beginning with February at the Medical Clinic Pharmacy in Caldwell. Those registering during Open Registration in February will not need an additional February weigh-in. Failure to weigh-in monthly will disqualify you for any cash prize. Only those weights recorded at the Medical Clinic Pharmacy will be considered official and part of the Challenge.

8. We may be taking photographs during the contest. These pictures are owned by the Challenge. If you are one of the top ten participants in the contest, your participation in the Challenge releases us to use those pictures.

9. Percentage of weight loss is will be calculated using your Kickoff (or initial weigh-in) weight and your July weigh-in. The percentage lost equals the total amount of weight lost divided by your initial weight.

10. The final weigh-in is at 10:00 am on the date listed above. All weights must be done and officially recorded by 11:30 am on the date of the Finale. Prizes will be awarded at the Finale at 12:00 pm (noon).

11. Decisions made by Challenge staff regarding prize winners and all aspects of the Challenge are final.

12. Prescription medications used for weight loss are permitted, but only under the supervision of a physician. Participants that have had weight reductive surgical procedures (e.g. gastric-stapling, gastric bypass, Lap-band, etc) of any type are permitted to participate in the Challenge – but are ineligible for cash prizes.

13. All registrations proceeds are the property of the Challenge.

14. Cash prizes awarded by this contest cannot be won by employees of Idaho Diabetes Youth Programs and/or Medical Clinic Pharmacy.

DISCLAIMER: We recommend the supervision of a physician and/or medical professional before changing or modifying your diet and exercise plan. The Challenge does not endorse any particular diet or weight loss program. The information we provide for your information only. You may choose any weight reduction program under supervision of your physician and/or medical professional.

By participating in the Challenge, I am agreeing to all of the rules and regulations of the $10,000 Canyon County Weight Loss Challenge. I understand the recommendations of the Challenge and I hereby release from liability and hold harmless the Medical Clinic Pharmacy, Idaho Diabetes Youth Programs, and all of the participating sponsors of any liability.