

What should campers bring to Teen Camp? [\[back to top\]](#)

Rubbermaid tubs work really well instead of a suitcase for your clothes. They fit under the bunks and keep everything clean and dry. **THEY MUST BE NO DEEPER THAN 9” TO FIT UNDER THE BUNK. PLEASE DO NOT BRING LARGER TUBS. WE DO NOT HAVE ROOM TO STORE THEM IN THE CABINS.**

Campers should bring the following items:

2 pairs STURDY shoes (tennis or walking—not flip flops or slippers)	Brush/comb
Water shoes (Tevas, water booties, old tennis shoes)	Towel & washcloth
Long pants (at least two)	Soap & shampoo
Short pants	Toothbrush & toothpaste
T-shirts	Lip salve
Sweatshirts	Sun screen
Coat	Bug repellent (non-aerosol)
Rain jacket	Daypack (lightweight backpack)
Underwear	Flashlight/fresh batteries
6 pair socks	Bring a copy of your immunization records
Pajamas	Test record
Swimsuit	Bring (or know your) last A1c result
Lightweight gloves and thick socks for skating	Please pack plenty of your own diabetes supplies
Dirty clothes bag	
Sleeping bag & pillow	
Diabetes Supplies:	Pump Supplies:
Meter	Please pack plenty of pump supplies, enough
Test strips	for a few extra site changes, and extra batteries
Lancet device	
Insulin	
Syringes	
Extra batteries	
Optional:	
Hat	Camera
Talent show items	

If you bring Game Boys, electronic toys, etc., label them carefully. These items are easily lost. (Camp Hodia is not responsible for lost items.) Please keep makeup to a minimum.

The following items are absolutely **NOT allowed** at camp by any camper or staff. Your participation at Camp Hodia means you agree to this:

matches	lighters
fireworks/firecrackers	guns
knives	weapons
dangerous toys	weapon-like toys
pornographic material	tobacco
alcohol/drugs	CDs or tapes labeled with “Parental Advisories”

NOTE: All food and snacks are provided at camp. Please do not bring extra goodies.